

Variety	Gluten free	Wheat free	Milk/lactose free	Egg free	Soya free	Nut free	Suitable for vegetarians	Suitable for vegans
Fruit & Cereal—from about 4 months								
Strawberry & Banana	✓	✓	✓	✓	✓	✓	✓	✓
Banana & Peach	✓	✓	✓	✓	✓	✓	✓	✓
Fruit & Yogurt—from about 4 months								
Apple & Pear	✓	✓	x	✓	✓	✓	✓	x
Banana & Peach	✓	✓	x	✓	✓	✓	✓	x
100% Organic Fruit Pouches—from about 4 months								
Banana, Pear & Mango	✓	✓	✓	✓	✓	✓	✓	✓
Peach, Apple, Blueberry & Raspberry	✓	✓	✓	✓	✓	✓	✓	✓
Apple, Strawberry & Banana	✓	✓	✓	✓	✓	✓	✓	✓
Mango, Apple & Peach	✓	✓	✓	✓	✓	✓	✓	✓
Mini Pots—from about 4 months								
Apple & Pear with a bit of yogurt	✓	✓	x	✓	✓	✓	✓	x
Banana & Peach with a bit of yogurt	✓	✓	x	✓	✓	✓	✓	x
Stage 2 Breakfast Jars—from 7 months								
Creamy Porridge Breakfast	x	✓	x	✓	✓	✓	✓	x
Breakfast Duet: Strawberry Cereal with Yogurt	x	x	x	✓	✓	✓	✓	x
Breakfast Duet: Tropical Cereal with Yogurt	x	x	x	✓	✓	✓	✓	x
Stage 2 Savoury Jars—from 7 months								
Spaghetti with Tomatoes & Mozzarella	x	x	x	✓*	✓	✓	✓	x
Vegetable Lasagne	x	x	x	✓*	✓	✓	x	x
Parsnip, Potato & Turkey Casserole	✓	✓	✓	✓*	✓	✓	x	x
Vegetable & Chicken Risotto	✓	✓	✓	✓*	✓	✓	x	x
Spaghetti Bolognese	x	x	✓	✓*	✓	✓	x	x
Vegetables with Noodles & Chicken	x	x	✓	✓*	✓	✓	x	x
Cheesy Pasta Bake	x	x	x	✓*	✓	✓	✓	x
Hearty Cottage Pie	✓	✓	✓	✓*	✓	✓	x	x
Scrumptious Sunday Lunch	✓	✓	✓	✓*	✓	✓	x	x
Tomato, Courgette & Potato Bake	✓	✓	x	✓*	✓	✓	✓	x
Pasta Italienne with Ham	x	x	✓	✓*	✓	✓	x	x
Lancashire Hotpot	✓	✓	✓	✓*	✓	✓	x	x
Spaghetti Carbonara	x	x	x	x	✓	✓	x	x
Star Pasta with Sweet Squash & Chicken	x	x	✓	✓*	✓	✓	x	x
Rigatoni Napoli	x	x	x	✓*	✓	✓	✓	x
Vegetable, Pork & Apple Roast Dinner	✓	✓	✓	✓	✓	✓	x	x
Stage 2 Dessert Jars—from 7 months								
Fruit Duet: Apple & Apricot with Yogurt	✓	✓	x	✓	✓	✓	✓	x
Fruit Duet: Mango & Banana with Yogurt	✓	✓	x	✓	✓	✓	✓	x

Variety	Gluten free	Wheat free	Milk/lactose free	Egg free	Soya free	Nut free	Suitable for vegetarians	Suitable for vegans
Finger Foods								
Apple Elephant Biscuits	x	x	✓•	✓*	✓‡	✓†	✓	✓•*
Apple Rice Cakes	✓	✓	✓	✓	✓‡	✓†	✓	✓
Apple & Blueberry Rice Cakes	✓	✓	✓	✓	✓‡	✓†	✓	✓
Carrot & Pumpkin Rice Cakes	✓	✓	✓	✓	✓‡	✓†	✓	✓
Squiggly Corn Puffs	✓	✓	✓	✓	✓	✓	✓	✓
Plum & Apple Fruit Bar with Cereal	x	x	✓	✓	✓	✓	✓	✓
Peach & Apple Fruit Bar with Cereal	x	x	✓	✓	✓	✓	✓	✓
Growing Up Meals—from 12 months								
Scrumptious Lasagne	x	x	x	x	✓	✓	x	x
Shell Pasta with Juicy Tomatoes & Courgettes	x	x	x	x	✓	✓	✓	x
Hearty Vegetable & Beef Casserole	✓	✓	x	✓	✓	✓	x	x
Potato, Pumpkin & Chicken Scumble	✓	✓	x	✓	✓	✓	x	x
Squiggly Spaghetti in Tasty Tomato & Mozzarella Sauce	x	x	x	x	✓	✓	✓	x
Wholesome Vegetable & Chicken Risotto	✓	✓	x	✓	✓	✓	x	x
Classic Spaghetti Bolognese	x	x	✓	x	✓	✓	x	x
Wholesome Pots								
Stage 1—from about 4 months								
Sweet Pumpkin with Tender Carrots	✓	✓	✓	✓	✓	✓	✓	✓
Succulent Tomato & Chicken Ragout	✓	✓	✓	✓	✓	✓	x	x
Stage 1—from 6 months (2 x 100g)								
Sweet Carrot & Pea Risotto with Chicken	✓	✓	x	✓	✓	✓	x	x
Juicy Tomato & Sweetcorn Pasta with Beef	x	x	✓	✓*	✓	✓	x	x
Stage 2—from 7 months (2 x 190g)								
Sweet Red Pepper & Aubergine Penne	x	x	x	✓*	✓	✓	✓	x
Tasty Sweetcorn, Tomato & Chicken Risotto	✓	✓	✓	✓	✓	✓	x	x
Scrumptious Cottage Pie with herbs	✓	✓	✓	✓	✓	✓	x	x
Stage 3—from 10 months (2 x 220g)								
Italian vegetable medley with Gnocchi	✓	✓	x	x	✓	✓	✓	x
Celeriac & Tender Beef Hotpot	✓	✓	✓	✓	✓	✓	x	x
Cheesy Leek & Chicken Macaroni	x	x	x	✓*	✓	✓	x	x

** Due to methods used in the preparation of some ingredients, this product may contain traces of gluten

* May contain traces of egg

† May contain traces of nuts and sesame

‡ May contain traces of soya and sesame

• May contain traces of milk

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