



## HiPP Organic Growing up milk 3 powder

Organic Growing up milk from the 12<sup>th</sup> month onwards as part of a mixed diet.

### Nutritional information

	per 100 ml	per 100kcal
<b>Macronutrients</b>		
Energy kJ	252	420
kcal	60	100
Protein g	1.4	2.33
Whey: Casein	20:80	
Carbohydrate g	6.0	10.0
of which sugars g	6.0	10.0
of which lactose g	6.0	10.0
Fat g	3.3	5.5
of which saturated g	1.4	2.33
of which unsaturated g	1.9	3.17
Linoleic acid g	0.36	0.6
Linolenic acid g	0.05	0.08
DHA mg	12.0	20.0
Fibre (GOS)g	0.5	0.83
<b>Vitamins</b>		
Vitamin A µg	49	82
Vitamin D µg	1.6	2.67
Vitamin E mg	0.8	1.33
Vitamin K µg	3.4	5.67
Vitamin C mg	9.0	15.0
Vitamin B1 mg	0.045	0.08
Riboflavin (B2) mg	0.16	0.27
Niacin mg	0.3	0.5
Vitamin B6 mg	0.046	0.08
Folic acid µg	7.7	12.8
Vitamin B12 µg	0.17	0.28
Biotin µg	2.5	4.17
Pantothenic acid mg	0.31	0.52
<b>Minerals</b>		
Sodium mg	20	33.3
Potassium mg	80	133
Chloride mg	45	75
Calcium mg	73	122
Phosphorus mg	41	68
Magnesium mg	7.5	12.5
Iron mg	0.9	1.5
Zinc mg	0.5	0.8

	per 100 ml	per 100kcal
Copper mg	0.048	0.08
Manganese mg	0.004	0.01
Fluoride mg	<0.010	<0.015
Selenium µg	3.5	5.8
Iodine µg	14	23
<b>Osmolarity</b>	265mOsmol/l	
<b>Potential renal solute load</b>	123mOsmol/l	

<b>Amino acid profile - mg/100ml</b>	
Cysteine	9.1
Methionine	27.4
Phenylalanine	60
Tyrosine	57.1
Histidine	34.4
Isoleucine	62.9
Leucine	120.3
Lysine	96.9
Threonine	51.6
Tryptophan	21.1
Valine	76.4
Arginine	41.7

These nutritional values are subject to the normal variations that occur in products based on natural ingredients.

## Ingredients

Skimmed **milk\***, **lactose\***, vegetable oils\* (palm oil\*, rapeseed oil\*, sunflower oil\*), galacto-oligosaccharides\* from **lactose\***, **fish** oil, potassium citrate, calcium carbonate, potassium chloride, calcium salts of orthophosphoric acid, magnesium carbonate, sodium citrate, L-tryptophan, ferrous sulphate, vitamin C, stabiliser lactic acid, vitamin E, zinc sulphate, niacin, pantothenic acid, cupric sulphate, vitamin A, vitamin B1, vitamin B6, potassium iodate, folic acid, sodium selenite, D-biotin, vitamin D, manganese sulphate, vitamin K, vitamin B12.

\* from organic production

Allergens: see ingredients in **bold**

## Indications

HiPP Organic Growing up milk 3 is intended for use from the 12<sup>th</sup> month onwards as part of a mixed diet, when moving on from breastfeeding or another formula milk.

## Contra-indications

- Not suitable for intravenous use.
- Not suitable for cows' milk protein or fish allergy
- Not suitable for lactose intolerance
- Not suitable for vegetarians.

## Preparation

HiPP Organic growing up milk 3 is available in both powder and ready-to-feed liquid formats (see separate data card). The powdered product requires mixing with cooled boiled water, which should be measured into a clean beaker; a cup or beaker should be introduced as soon as possible to prevent prolonged/frequent contact of teeth with milk feeds which may increase the risk of tooth decay. Temperature of the milk should always be tested before feeding. All HiPP products carry preparation instructions on the packaging.

Scoop weight – approx. 4.0g

Standard dilution – 12g (3 scoops) + 90ml water

## Pack format and product code

HiPP Organic growing up milk 3 powder is available in 600g powder packs and 200ml ready to feed bottles. (See separate data cards for the ready-to-feed product).

Product code: Hipp Growing up milk 600g powder- **GB2079-03 and GB2079-03F**

## Storage

Store in a cool, dry place and at room temperature, out of direct sunlight.

**Important notice:** Breastfeeding is best for babies. HiPP Organic growing up milk is intended for use as part of a mixed diet from the 12<sup>th</sup> month and should not be used as a breastmilk substitute before this age.

*For any further information please contact:*

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